

Day	Main course	Pudding
<b>Every day</b>	Salad, cheese, ham and tuna	Fresh fruit, Yoghurts, Cheese & biscuits
Monday 5 <sup>th</sup> Nov	Chilli con carne Quorn con carne Brown & white rice. Broccoli	Vanilla Sponge (E) (CG) (M)
Tuesday 6 <sup>th</sup> Nov	Chicken cobbler (CG) Vegetable cobbler (CG) Mashed potato. Peas. Carrots	Natural yoghurt & honey (M)
Wednesday 7 <sup>th</sup> Nov	Roast pork & sage & onion stuffing (CG) Vegetable kiev (CG) Roast potato. Cauliflower. Fine beans	Apple crumble & custard (CG) (M)
Thursday 8 <sup>th</sup> Nov	Filled wraps with tuna mayo / BBQ pulled pork / chicken goujon (CG) Mediterranean vegetable in a tomato & basil sauce Grated carrot. Cucumber	Cornflake cakes (CG) (M)
Friday 9 <sup>th</sup> Nov	Pork & apple burgers (CG) Vegetable burgers (CG) Chips. Sweetcorn. Whole wheat hoops in tomato sauce (CG)	Fruity Friday
Monday 12 <sup>th</sup> Nov	Sweet & sour chicken Quorn sweet & sour Rice. Broccoli	Carrot cake (CG)
Tuesday 13 <sup>th</sup> Nov	Chicken & vegetable pie (CG) Quorn & vegetable pie (CG) New potato. Cabbage. Broccoli	Fruit salad & cream (M)
Wednesday 14 <sup>th</sup> Nov	Roast turkey & sage & onion stuffing (CG) (M) (E) Quorn escalopes (CG) Roast potato. Sweetcorn. Carrots	Bread & butter pudding (CG) (E) (M)
Thursday 15 <sup>th</sup> Nov COMIC DAY	Dennis the Menace sausage pie (CG) Vegetarian sausage (CG) Mashed potato. Peas	Vanilla whirls (CG) (M)
Friday 16 <sup>th</sup> Nov	Fish fingers (CG) (F) Cheese & onion puff (CG) Chips. Peas. Baked beans	Fruit smoothie (M)

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Monday 19 <sup>th</sup> Nov	Sweet & sour chicken Quorn sweet & sour Rice. Broccoli	Lemon drizzle (E) (CG) (M)
Tuesday 20 <sup>th</sup> Nov	All Day Breakfast (Sausage, bacon, egg, baked beans) (CG) Vegetarian breakfast Tomato. Mushroom. Hash browns	Jelly
Wednesday 21 <sup>st</sup> Nov	Meatballs in a tomato & basil sauce with penne pasta (CG) Swedish meatballs with penne pasta (CG) Grated carrot. Cucumber	Chocolate pudding & chocolate sauce (CG) (M)(E)
Thursday 22 <sup>nd</sup> Nov	Roast beef & Yorkshire pudding (CG) (M) (E) Mediterranean vegetables in tomato sauce en-croute (CG) Roast potato. Fine beans. Cauliflower cheese (M)(CG)	Oat cookies (CG)(M)
Friday 23 <sup>rd</sup> Nov	Sausage roll (CG) Vegetarian Sausage roll (CG) Chips. Sweetcorn & whole wheat hoops in tomato sauce (CG)	Fruity Friday
Monday 26 <sup>th</sup> Nov	Gammon steak Broccoli cheese bake (M) New potato. Cabbage. Carrots	Chocolate brownie (CG)
Tuesday 27 <sup>th</sup> Nov	Beef lasagne (CG)(M) Vegetable lasagne (CG)(M) Sweetcorn. Cucumber	Rice pudding (M)
Wednesday 28 <sup>th</sup> Nov	Roast pork & sage & onion stuffing (CG) (M) (E) Vegetable crumble (CG) Roast potato. Broccoli. Cauliflower.	White chocolate cheesecake (CG)(M)
Thursday 29 <sup>th</sup> Nov	FLORENCE NIGHTINGALE DAY Classroom lunch	
Friday 30 <sup>th</sup> Nov	Turkey burgers (CG) Cheese & onion puff (CG) Chips. Peas. Baked beans	Fruity Friday

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<b>Every day</b>	Salad, cheese, ham and tuna	Fresh fruit, Yoghurts, Cheese & biscuits
Monday 3 <sup>th</sup> Dec	Chicken korma (M) Quorn korma (M) Brown & white rice. Broccoli	Chocolate tray bake (CG) (M)
Tuesday 4 <sup>th</sup> Dec	Toad in the hole (CG)(E)(M) Vegetarian Toad in the hole (CG)(E)(M) Mashed potato. Carrot. Sweetcorn	Chocolate whip (M)
Wednesday 5 <sup>th</sup> Dec	Beef & stew cobbler (CG) Quorn stew cobbler (CG) New potato. Fine beans. Cabbage.	Toffee Tart (CG) (M)
Thursday 6 <sup>th</sup> Dec	Assorted pizza, margarita/Hawaiian/chorizo/vegetarian (CG) Grated carrot. Sweetcorn.	Flapjack (CG)
Friday 7 <sup>th</sup> Dec	Plaice goujons (CG) Vegetable burgers (CG) Chips. Peas. Whole wheat hoops in tomato sauce (CG)	Fruity Friday
Monday 10 <sup>th</sup> Dec	<b>Pre-Prep Christmas lunch:</b> Roast turkey. Pigs in blankets (CG) Roast beetroot, Butternut squash & pumpkin seed tart. Roast potato. Swede. Carrots. Brussel sprouts. <b>Prep school</b> Meat feast pasta (CG) Quorn past (CG) Grated carrot. Cucumber	Festive Ice cream (M)
Tuesday 11 <sup>th</sup> Dec	Fish fingers (CG)(M) Vegetable burgers Chips. Peas. Baked beans	Cake selection (CG)(E)(M)
Wednesday 12 <sup>th</sup> Dec	<b>Prep Christmas lunch:</b> Roast turkey. Pigs in blankets (CG) Roast beetroot, Butternut squash & pumpkin seed tart. Roast potato. Swede. Carrots. Brussel sprouts.	Profiteroles (CG)(E)