Widford Lodge
Preparatory School

Lunch Menu
21st June – 2nd July

Day	Main course	Pudding
Monday 21st	Margarita Pizza (G) (M) Sweetcorn & Cucumber	Ginger Cake (G, M, E)
Tuesday 22nd	Sausages & Mash (G) (M) Vegan Sausage Cabbage, Fine beans & Gravy	Ice Cream Tubs (M)
Wednesday 23rd	Roast beef Vegetable Crumble (G) Roast potato, broccoli & carrots	Toffee Tart (G) (M)
Thursday 24th	Gammon Steak Falafel New potato, Cauliflower & Peas	Flapjack (G)
Friday 25th	Chicken Nuggets (G) Vegetable Fingers (G) Chips, baked beans & sweetcorn	Fruity Friday
Day	**Main course**	**Pudding**
Monday 28th	Bean Cassoulets Rice & broccoli	Lemon Drizzle (G, M, E)
Tuesday 29th	Lasagne (G, M) Quorn Lasagne (G, M, E) Garlic bread (M, G) Carrot & Cucumber	Fruit Yogurt (M)
Wednesday 30th	Roast pork Falafel Roast potato, cauliflower & carrots	Sticky Toffee Pudding (G, M, E)
Thursday 1st	Pasta Carbonara (G, M) Tomato and basil pasta (G) Mixed salad	Cornflake cakes (G, M)
Friday 2nd	Fish Fingers (G) (M) Cheese & Onion Puffs (M) (G) Chips, peas, wholewheat hoops (G)	Fruit lolly