



Lunch Menu
7TH – 16TH September 2022

Day	Main course	Pudding
Wednesday 7 th Sept	Chicken Tikka Masala (M) Quorn Tikka Masala (M & E) Rice & broccoli	Jam & Coconut Sponge (G, M & E)
Thursday 8 th Sept	Roast Pork Falafel Yorkshire Pudding (G, M & E) Roast potato, fine bean, cauliflower	Flapjack (G & M)
Friday 9 th Sept	Fish Finger (G, M & E) Vegetable Finger (G) Chips, baked beans & sweetcorn	Fruity Friday
Day		Pudding
Monday 12 th Sept	Pasta in tomato & herb Sauce (G) Garlic Bread (G & M) Carrot & cucumber	Chocolate pudding & chocolate custard (G,M & E)
Tuesday 13 th Sept	Toad in the Hole (G & M) Vegetarian Toad in the Hole (G,M & E) Mash potatoes, peas & cabbage	Yoghurt with Fruit (M)
Wednesday 14 th Sept	Roast Turkey Sweet Potato Pasty (G) Roast potato, fine bean & carrot	Rainbow Cookies (G & M)
Thursday 15 th Sept	Sweet & Sour Chicken Sweet & Sour Quorn (E) Rice & broccoli	Apple & Cinnamon Tray Bake (G, M & E)
Friday 16 th Sept	Pork & Apple Burger Vegetable Burger Chips, peas & wholemeal hoops (G)	Smoothie (G)